## **Recipe Data For:**

# **Wrap Range - Mixed Platter**

Printed On:	Sunday 13 April 2025 at 20:55:41	
Total Weight	923g	

Nutrition Information				
Average Values	Per 100g	Per Pack (923g)		
Energy (kJ)	854kJ	7881kJ		
Energy (kcal)	204kcal	1884kcal		
Fat of which saturates	6.2g 1.4g	57g 13g		
Carbohydrate of which sugars	26.9g 2.4g	247.9g 22g		
Fibre	2g	18.6g		
Protein	9.3g	86.1g		
Salt	0.71g	6.5g		

	Each 100g contains					
1	Energy	Fat	Saturates	Sugars	Salt	
	854kJ 204kcal	6.2g Med	1.4g	2.4g	0.71g Med	
	10%	9%	7%	3%	12%	

of an adults reference intake (8400kJ / 2000kcal). Typical Values per 100g: Energy 854kJ / 204kcal.

## **Ingredients:**

### Katsu Chicken, Slaw & Mixed Leaf Wrap

Weight 265g Percentage 28.71%

Chicken Goujons (33.96%) Chicken (53%), Water, **WHEAT** Flour, Tapioca Starch, Palm Oil, Salt, Corn Starch, Non-hydrogenated Palm Shortening, Modified Tapioca Starch, Thickeners (Xanthan Gum, Guar Gum), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sugar, Yeast, **SOYA** Flour. Flour Tortilla (33.96%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Acidity Regulator (E296), Raising Agent (E500), Salt. Asian Slaw (13.21%) Red Cabbage, Carrot, Savoy Cabbage, Mooli, Red Onion Katsu Curry (9.43%) Water, Vegetable Oil, Coconut Cream(9%), Modified Maize Starch, Sugar, Curry powder(6%), Dark **SOY** sauce(water, **SOY** extract, **WHEAT** flour, salt, **BARLEY** malt vinegar, **BARLEY** malt extract). Garlic Puree(Granulated garlic, citric acid, water). Ginger powder, Turmeric, Acid(lactic)

malt extract), Garlic Puree(Granulated garlic, citric acid, water), Ginger powder, Turmeric, Acid(lactic), Acid(citric), Chilli powder. Mixed Leaf (5.66%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red. Mayonnaise (3.77%) Water, Rapeseed Oil (18%), Modified Maize Starch, Spirit Vinegar, Pasteurised **Egg** Yolk (2.5%), Sugar, Salt, **Mustard** Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid)

### Spicy Salsa Chickpea Falafel, Red Onion & Mixed Leaf Wrap

Weight 233g Percentage 25.24%

Santa Maria Tomato Wraps 10" Frozen (42.06%) **WHEAT** flour (65%)(**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, tomato powder, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282). B - F 114591 Daloon Falafel (34.33%) Ingredients: Chick Peas (53%), Onion (32%), Rapeseed Oil, **Wheat** Flour [**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Cumin, Garlic Puree [Garlic, Acidity Regulator (Citric Acid)], Salt, Ground Coriander, Coriander Leaf, Chilli Powder, Concentrated Lemon Juice, Stabiliser (Methylcellulose), Black Pepper, Turmeric, Raising Agent (Ammonium Carbonates). Mixed Leaf (15.02%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red. Sysco Classic Tomato Salsa (4.29%) Tomatoes (30%), Tomato Sauce (28%)(Water, Sugar, Tomato Paste, Spirit Vinegar, Modified Maize Starch, Salt, Preservative(Potassium Sorbate), Onion Powder, Garlic Powder), Red Onion (17%), Tomato Paste (11%), Red Pepper (8%), Green Pepper (4.0%),

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## Chicken, Caesar, Smoked Bacon & Mixed Leaf Wrap

Weight 225g Percentage 24.38%

Flour Tortilla (40%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Acidity Regulator (E296), Raising Agent (E500),

Coriander, Concentrated Lemon Juice, White Pepper, Salt, Chilli Powder. Red Onion (4.29%)

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Salt. Cooked Chicken Breast (31.11%) Chicken breast(98%), Salt. Mixed Leaf (15.56%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red. Smoked Streaky Bacon (8.89%) Pork (96%), Sugar, Salt, Preservative(Sodium Nitrite). Chef's Larder Caesar Dressing 6 x 1ltr (4.44%) Rapeseed Oil, Water, Maltodextrin, Pasteurised **EGG** Yolk, Medium Fat Hard Cheese (**MILK**), Sugar, Spirit Vinegar, White Wine Vinegar, Worcestershire Sauce, Garlic Purée (contains Acidity Regulator: Citric Acid), Salt, Concentrated Lemon Juice, Acidity Regulator (Lactic Acid), Black Pepper, Stabiliser (Xanthan Gum), Dried Onion, Garlic Powder, Preservative (Potassium Sorbate). Worcestershire Sauce contains: Water, Malt Vinegar (**BARLEY**), Cane Molasses, Acidity Regulator (Acetic Acid), Salt, Tamarind Concentrate, Spices, Garlic Powder, Rice Flour.

### Southern Fried Sweet Chilli Chicken, Mixed Salad Wrap

Weight 200g Percentage 21.67%

Flour Tortilla (45%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Acidity Regulator (E296), Raising Agent (E500), Salt. Southern Fried Chicken Goujons (30%) **Contains: Celery, Gluten (Wheat).** Ingredients Chicken (57%), **WHEAT** Flour, Water, Modified Tapioca Starch, Tapioca Starch, **WHEAT** Starch, Palm Oil, Salt, **WHEAT Gluten**, Garlic Powder, Yeast Extract, Sugar, Yellow Corn Flour, Yeast, Dried Onion, Emulsifier (Disodium Diphosphate), Raising Agent (Sodium Hydrogen Carbonate), White Pepper, **CELERY**, Colour (Curcumin), Black Pepper, Herbs (Oregano, Fennel), Paprika Mixed Leaf (10%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red. Sweet chilli sauce (5%) Water, Sugar, Chilli (5%), Minced Garlic, Modified Maize Starch, Salt, Acetic Acid, Red Bell Peppers, Tomato Paste from Concentrate, Preservative: Potassium Sorbate, Colour: Paprika Extract, Stabiliser: Xanthan Gum Julienne Carrots (5%) Carrot (100%). Red Onion (5%)

## **Recipe Data For:**

# **Sandwich Range - Meat Platter**

Printed On: Sunday 13 April 2025 at 20:55:41

Total Weight 717g

Nutrition In	Nutrition Information				
Average Values	Per 100g	Per Pack (717g)			
Energy (kJ)	847kJ	6076kJ			
Energy (kcal)	203kcal	1452kcal			
Fat of which saturates	4.8g 1.1g	34g 7.7g			
Carbohydrate of which sugars	25.1g 2.7g	179.9g 20g			
Fibre	2.8g	20g			
Protein	13.6g	97.7g			
Salt	1g	7.3g			

	Each 100g contains					
1	Energy	Fat	Saturates	Sugars	Salt	
	847kJ 203kcal	4.8g	1.1g	<b>2.7g</b>	<b>1g</b> Med	
	10%	7%	5%	3%	17%	

of an adults reference intake (8400kJ / 2000kcal). Typical Values per 100g: Energy 847kJ / 203kcal.

## **Ingredients:**

### Chicken Tikka, Mango Chutney & Spinach on White

Weight 191g Percentage 26.64%

Thick White Bread (46.6%) **Wheat** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Palm Oil, Salt, Yeast, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Spirit Vinegar, **Soya** Flour, Preservative (Calcium Propionate), Flour Treatment Agent(Ascorbic Acid). Cooked Chicken Breast (35.08%) Chicken breast(98%), Salt. Baby Leaf Spinach (7.85%) Mango Chutney

(5.24%) Ingredients :Sugar, Mango Slices, Sugar Cane Vinegar, Salt, Chilli Powder, Ginger Powder, Garlic Powder, Turmeric Powder H - Tikka Paste (5.24%) Ingredients: Coriander, Sunflower Oil, Cumin,

Turmeric, Chilli, Salt, Anise, Fenugreek, Onion Powder, Garlic, Ginger, Acetic Acid

### **Bacon, Lettuce & Tomato on Wholemeal**

Contents

Contents

Weight 186g Percentage 25.94%

Wholemeal Bread (48.92%) Wholemeal **Wheat** Flour, Water, Salt, **Wheat** Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium

Propionate), **Soya** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Smoked Streaky Bacon (21.51%) Pork (96%), Sugar, Salt, Preservative(Sodium Nitrite). Tomatoes (18.82%) Mixed Leaf (5.91%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red.

Mayonnaise (4.84%) Water, Rapeseed Oil (18%), Modified Maize Starch, Spirit Vinegar, Pasteurised **Egg** Yolk (2.5%), Sugar, Salt, **Mustard** Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate),

Acidity Regulator (Citric Acid)

### **Chicken & Stuffing on White**

Weight 183g Percentage 25.52%

Thick White Bread (49.73%) **Wheat** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Palm Oil, Salt, Yeast, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Spirit Vinegar, **Soya** Flour, Preservative (Calcium Propionate), Flour Treatment Agent(Ascorbic Acid). Cooked Chicken Breast (36.61%) Chicken breast(98%), Salt. Chef's Larder Sage & Onion Stuffing Mix 4 x 2kg (8.2%) Rusk, Dried Onion (15%), Sage (3.5%), Vegetable Suet, Salt, Raising Agent (Sodium Bicarbonate), Parsley, Colour (**BARLEY** Malt Extract), Rusk contains: **WHEAT** Flour (contains Calcium

Contents Bicarbonate), Parsley, Colour (**BARLEY** Malt Extract). Rusk contains: **WHEAT** Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Salt, Raising Agent (Ammonium Bicarbonate). Vegetable Suet

contains: Palm Oil, **WHEAT** Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Sunflower Oil. Mayonnaise (5.46%) Water, Rapeseed Oil (18%), Modified Maize Starch, Spirit Vinegar, Pasteurised **Egg** Yolk (2.5%), Sugar, Salt, **Mustard** Flour, Stabiliser (Xanthan Gum), Preservative

(Potassium Sorbate), Acidity Regulator (Citric Acid)

### Ham & Cheddar Mayo on Wholemeal

Weight Percentage 21.9% 157g Wholemeal Bread (57.96%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), **Soya** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). B Gammon Ham (22.29%) Pork, Salt, Demerara Sugar, Stabilisers (Diphosphates, Triphosphates), Antioxidant (Sodium Contents Ascorbate), Preservative (Sodium Nitrite) Mature Cheddar Slice (13.38%) Cheddar Cheese (Milk)

(Pasteurised Cow's MILK, Salt, Starter Culture, Non Animal Rennet) Mayonnaise (6.37%) Water, Rapeseed Oil (18%), Modified Maize Starch, Spirit Vinegar, Pasteurised Egg Yolk (2.5%), Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid)

#### **Recipe Data For:** Sandwich Range - Mixed Platter

Sunday 13 April 2025 at 20:55:41

**Total Weight** 763g

Printed On:

Nutrition Information				
Average Values	Per 100g	Per Pack (763g)		
Energy (kJ)	786kJ	6000kJ		
Energy (kcal)	188kcal	1434kcal		
Fat of which saturates	6.4g 2.4g	49g 18g		
Carbohydrate of which sugars	19.7g 2.2g	150.4g 17g		
Fibre	3.6g	27.2g		
Protein	10.4g	79.7g		
Salt	0.73g	5.6g		

	Each 100g contains					
1	Energy	Fat	Saturates	Sugars	Salt	
	786kJ 188kcal	6.4g Med	2.4g Med	2.2g	0.73g Med	
	9%	9%	12%	2%	12%	

of an adults reference intake (8400kJ / 2000kcal). Typical Values per 100g: Energy 786kJ / 188kcal.

## **Ingredients:**

### **Chicken Mayo Salad on Wholemeal**

28.57% Weight 218g Percentage

> Wholemeal Bread (40.83%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). B - Chicken Slices

Contents (30.28%) Ingredients: Chicken Breast, Maize Starch, Dextrose, Salt.Chicken Tomatoes (15.6%) Mixed Leaf (5.05%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby

Red. Cucumber (4.59%) Mayonnaise (3.67%) Water, Rapeseed Oil (18%), Modified Maize Starch, Spirit Vinegar, Pasteurised Egg Yolk (2.5%), Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum),

Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid)

### **Cheddar Cheese Savoury on Wholemeal**

Weight 193g Percentage 25.29%

> Wholemeal Bread (47.15%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Grated Coloured Cheese (16.58%) Coloured Cheddar (Milk), Colour (Annatto), Anti-caking Agent (Potato Starch). Grated Mature Cheddar (16.58%) Mature Cheddar (MILK) Salt, Microbial Rennet, Starter Culture). Anticaking Agent cellulose Salad Cream (7.25%) Water, Rapeseed Oil, Sugar, Spirit Vinegar, Egg Yolk Powder(Egg

Yolk Powder, Salt, Maltodextrin), Salt, Acidity Regulator(Acetic Acid), Stabiliser (Guar Gum), English Mustard [Water, Mustard Flour, Salt, Colour(Turmeric)], Preservative (Potassium Sorbate), Colour (Mixed Carotenoids). Spring Onions (5.18%) Spring Onions Julienne Carrots (5.18%) Carrot (100%). Sysco Classic Chives (2.07%) Chive.

### Simply Tuna Sweetcorn on Wholemeal

Weight 180g Percentage 23.59%

> Wholemeal Bread (50.56%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Bako Tuna Mayo (42.78%) Tuna (60%): Tuna FISH, Water, Salt. Mayonnaise (40%): Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Salt, Pasteurised **EGG** Yolk, Acidity Regulator (Acetic Acid), Stabilisers (Xanthan Gum, Guar Gum) Preservative (Potassium Sorbate), Natural Flavouring B - Sweetcorn

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(6.67%) sweetcorn

### Simply Egg Mayo & Cress on Wholemeal

Weight 172g Percentage 22.54%

> Wholemeal Bread (50.58%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Bako Egg Mayo

Contents (44.77%) Hard Boiled Eggs (70%): peeled **EGGS**. Mayonnaise (30%): Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Salt, Pasteurised **EGG** Yolk, Acidity Regulator (Acetic Acid), Stabilisers (Xanthan Gum, Guar Gum) Preservative (Potassium Sorbate), Natural Flavouring Salad Cress (4.65%)

Salad Cress

## Recipe Data For: Sandwich Range - Veggie Platter

Printed On: Sunday 13 April 2025 at 20:55:41

Total Weight 758g

Nutrition Information				
Average Values	Per 100g	Per Pack (758g)		
Energy (kJ)	889kJ	6742kJ		
Energy (kcal)	213kcal	1611kcal		
Fat of which saturates	8.6g 3.7g	65g 28g		
Carbohydrate of which sugars	22.6g 3.1g	171.6g 24g		
Fibre	3.7g	27.7g		
Protein	8.8g	66.8g		
Salt	0.86g	6.5g		

	Each 100g contains					
1	Energy	Fat	Saturates	Sugars	Salt	
	889kJ 213kcal	8.6g Med	3.7g Med	3.1g	0.86g Med	
	11%	12%	19%	3%	14%	

of an adults reference intake (8400kJ / 2000kcal). Typical Values per 100g: Energy 889kJ / 213kcal.

## **Ingredients:**

### Sweet Chilli Onion Bhaji, Spinach & Asian Slaw on Wholemeal

Weight 215g Percentage 28.36%

Wholemeal Bread (41.4%) Wholemeal **Wheat** Flour, Water, Salt, **Wheat** Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), **Soya** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). 22 ONION BHAJIS 660g (30.7%) Onion (75%), Gram Flour (Yellow Split Pea, Channa Dall), Rapeseed Oil, Lemon Juice, Salt, Cumin Powder, Coriander Powder, Cumin Seed, Ajwain Seed, Garam Masala (Coriander, Cumin, Cinnamon, Ginger, Black Pepper, Clove, Nutmeg, Cardamom, Bay Leaf, Chilli Powder), Chilli Powder, Turmeric, Black Pepper, Baking Powder (Mono Calcium Phosphate, Corn Starch, Sodium Bicarbonate). Asian Slaw (13.95%) Red Cabbage, Carrot, Savoy Cabbage, Mooli, Red Onion Spinach (9.3%) Spinach Leaf (100%) Sweet chilli sauce (4.65%) Water, Sugar, Chilli (5%), Minced Garlic, Modified Maize Starch, Salt, Acetic Acid, Red Bell Peppers, Tomato Paste from Concentrate, Preservative: Potassium Sorbate, Colour: Paprika Extract, Stabiliser: Xanthan Gum

### **Cheddar Ploughman's on Wholemeal**

Weight 200g Percentage 26.39%

Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), **Soya** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Mature Cheddar Slice (20%) Cheddar Cheese (**Milk**) (Pasteurised Cow's **MILK**, Salt, Starter Culture, Non Animal Rennet) Tomatoes (16.5%) Mixed Leaf (6.5%) Escarole, Pain de Secret, Radicchio, Curly Endive, Roquette, Red Multifleaf, Spinach, Baby Red. Red Onion (5.5%) Sweet Pickle (4%) ;Sugar, Onion (21%), Water, Carrot (11%), **Barley** Malt Vinegar, Cauliflower (4.5%), Courgette (4.5%), Tomato Puree, Modified Maize Starch, Spirit Vinegar, Salt, Acidity Regulator(Acetic Acid), Dates, Apple Pulp, Garlic Puree, **Barley** Malt Extract, Colour (Caramel), Onion Powder, Ginger Powder, Cinnamon, Clove Powder, Preservatives (Sodium **Metabisulphite**, **Sulphur Dioxide**). Buttery Spread (2%) Vegetable Oils (Rapeseed Oil, Palm Oil), Water, ReconstitutedButtermilk (**Milk**) (9%) **MILK**, Salt, Emulsifier (Mono- and Diglycerides ofFatty Acids), Preservative (Potassium Sorba te), Colours (AnnattoBixin, Curcumin), Acidity Regulator (Lactic acid), Flavouring.

Wholemeal Bread (45.5%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron,

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### Simply Egg Mayo & Cress on Wholemeal

Weight 172g Percentage 22.69%

Wholemeal Bread (50.58%) Wholemeal Wheat Flour, Water, Salt, Wheat Flour (with Calcium, Iron,

Contents

Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), **Soya** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid). Bako Egg Mayo (44.77%) Hard Boiled Eggs (70%): peeled **EGGS**. Mayonnaise (30%): Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Salt, Pasteurised **EGG** Yolk, Acidity Regulator (Acetic Acid), Stabilisers (Xanthan Gum, Guar Gum) Preservative (Potassium Sorbate), Natural Flavouring Salad Cress (4.65%) Salad Cress

### Simply Grated Cheddar & Pickle on White

Weight

171g

Percentage

22.56%

Contents

Thick White Bread (53.22%) **Wheat** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Palm Oil, Salt, Yeast, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Spirit Vinegar, **Soya** Flour, Preservative (Calcium Propionate), Flour Treatment Agent(Ascorbic Acid). Grated Coloured Cheese (20.47%) Coloured Cheddar(**Milk**), Colour(Annatto), Anti-caking Agent(Potato Starch). Grated Mature Cheddar (20.47%) Mature Cheddar (**MILK**) Salt, Microbial Rennet, Starter Culture). Anticaking Agent cellulose Sweet Pickle (5.85%); Sugar, Onion (21%), Water, Carrot (11%), **Barley** Malt Vinegar, Cauliflower (4.5%), Courgette (4.5%), Tomato Puree, Modified Maize Starch, Spirit Vinegar, Salt, Acidity Regulator(Acetic Acid), Dates, Apple Pulp, Garlic Puree, **Barley** Malt Extract, Colour (Caramel), Onion Powder, Ginger Powder, Cinnamon, Clove Powder, Preservatives (Sodium **Metabisulphite**, **Sulphur Dioxide**).